

# FY 2023 ANNUAL REPORT

Celebrating 45 years of empowering LGBTQ Houston









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# Mission + Vision

### Mission

The Montrose Center empowers our community—primarily lesbian, gay, bisexual, transgender, and queer (LGBTQ) individuals and their families—to live healthier, more fulfilling lives.

### Vision

We envision a healthier society marked by permanent, positive changes in attitudes and behaviors toward the LGBTQ community, and the ability of all LGBTQ individuals to realize their fullest potential.





# From the Board of Directors

### Dear Friends,

Thank you for your generous support of the Montrose Center! As we commemorate our 45th year of empowering LGBTQ Houston, we want to express our heartfelt and sincerest gratitude for your continuous contributions to our mission. Whether as a donor, volunteer, sponsor, or partner, your generosity enables us to maintain and expand life-saving mental, behavioral, and social services for members of Houston's LGBTQ community.

BBVA BBVA Weres Weres Weres Weres Weres Weres

At the Montrose Center, we are committed to meeting

our community's evolving needs, and we are excited to share a few highlights of this year's accomplishments. We saw a significant increase in the number of clients in our core services, providing behavioral health and additional support to **more than 6,578 individuals**. Thanks to title sponsor H-E-B, and the generosity of our community, we expanded our hunger relief efforts and **provided more than 40,000 meals to those in need**. With an increased need for our LGBTQ youth housing services, we launched **outreach**, **employment**, and diversion programs to increase access to emergency housing, community resources, and workforce development. In total, **more than 400 youth** have benefited from our youth housing programs since the program began in 2017.

For the 114 seniors who make their home in the Law Harrington Senior Living Center, the nation's largest LGBTQ-affirming senior living center, we are excited to expand social opportunities and improve the financial stability, health care, and basic needs of our residents.

Thank you again! **There is no us without you**. Your support over the course of our 45 year history is what makes these accomplishments possible. As a result, the Montrose Center has flourished into one of the nation's largest and most comprehensive LGBTQ-affirming centers.

We cannot express enough how grateful we are.

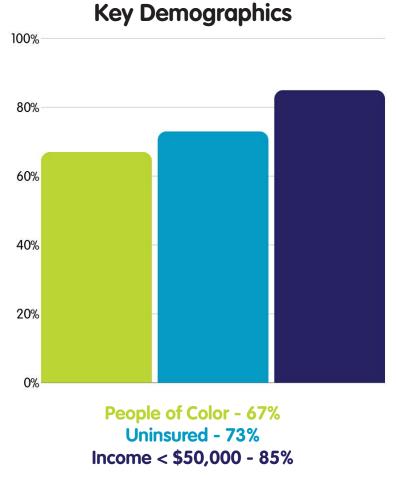
Sincerely, --Board of Directors the Montrose Center

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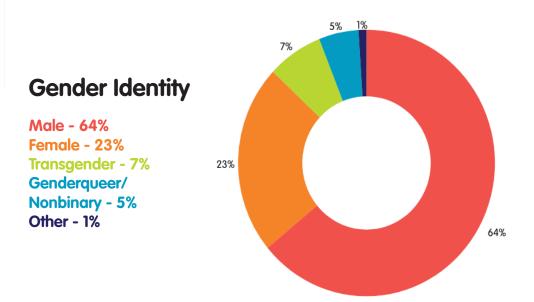
# Client Demographics

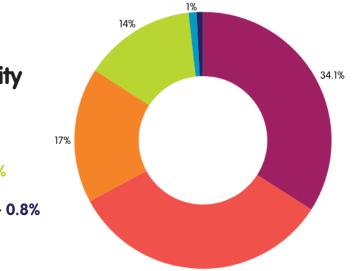
The Montrose Center serves over 50,000 clients every year through a variety of programs and services. Here's what our clients looked like this past year:





### Empowering LGBTQ Houston





33.1%

### **Race/Ethnicity**

Black - 34% White - 33% Latinx - 17% Mixed/Other - 14% Asian - 1% Native American - 0.8%



# Seniors



LGBTQ seniors are more than twice as likely to live alone, and more than half of our seniors live on less than \$1,250 a month. We are committed to ensuring that our community's seniors are offered every opportunity to stay healthy, connected, and active in their retirement.

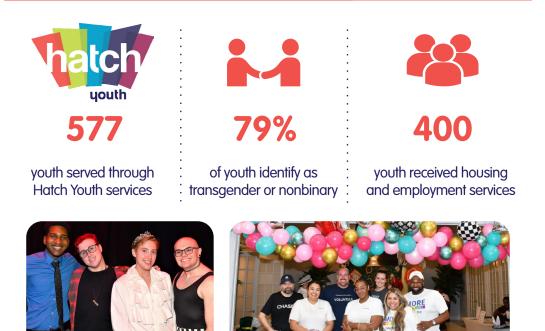
Counseling, case management, activities, peer and grief support groups, and meals are all available at no out-of-pocket cost to participants.







# Youth



Hatch Youth provides safe, affirming opportunities for LGBTQ youth, ages 13-20, to socialize, make new friends, and engage in educational and creative activities through drop-in support groups, on-campus school support, and annual celebrations like June's LGBTQIA Youth Prom. Hatch Jr. provides support to LGBTQ youth, ages 7-12, and their families.

Thanks to our new diversion program, this year more than 200 youth will be supported by case management staff in their transition from facing homelessness to living with independence and stability, with staff providing guidance and support to help them enter adulthood with independence and success.



# Gender-Affirming Services



women participating in LHI workshops

### assisthers

\$16,625

provided in H-E-B supplemental food cards



giving trainings





Officially launched this year, our new Transgender Wellness Services program will streamline and strengthen the services we provide for people of Transgender and nonbinary experience.

The initiative will support the whole person, providing integrated mental and behavioral health care, comprehensive health care navigation, health care enrollment support, and more to our clients of trans, nonbinary, and gender-expansive experiences.



# Mental & Behavioral Health



Everyone deserves a safe place to explore behavioral and emotional issues, problems, and conditions without the fear of encountering prejudice, ignorance, homophobia, transphobia, or heterosexism.

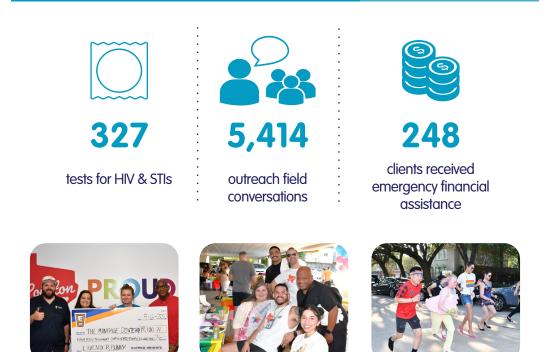
We focus on integrated and trauma-enforced care, offering a whole health approach to wellness and recovery and emphasizing screening and preventative care at affordable rates. In addition to traditional counseling, we are proud to offer a specialized substance use recovery program.







## **HIV Services**



We incorporate HIV prevention education throughout all our counseling and support services, as well as host educational events and community forums addressing a wide range of HIV-related topics. In addition, outreach workers empower those engaged in high-risk behavior to make healthier decisions, and educators provide thousands with knowledge about the disease and how to reduce risk of infection.

People living with HIV work with experienced clinical and medical case managers who provide access to a variety of services, including on-site primary medical care, crisis intervention, long-term planning, housing and job assistance, and much more.



# Community Center



As Houston's LGBTQ center, we are here to provide quality, affordable meeting and event space in our community center. Leaders gather to organize for change. Those who are seeking solace find it in peer support groups. Families commemorate milestones. Community groups hold meetings, fundraisers, and celebrations.

We also run workforce development programs and provide meals to those facing food insecurity. We are proud to be a safe, welcoming space where the community connects and grows together.







# BO

### **BOARD OF DIRECTORS**

Tara M. Kelly, President Gary Wood, CPC, CTS, Vice President Mark Jacobs, MBA, Treasurer Paul W. Guillory, Secretary Tina Burgos, At Large Clark Caperton, MPA Bryan Cotton Christopher Delphin, JD Jani Lopez David Ramirez Jane Robinson, JD Nancy Sims, MLA



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**ARD** 

### PERMANENT ENDOWMENT BOARD

Ralph J. Herring, OD, MHA, President Michael Sirimaturos, PharmD, BCNSP, Vice President Jason Doxey, Treasurer Jim Bailey George Grant Adriana Mendez, CPA Chris Robertson Horacio Rodriguez

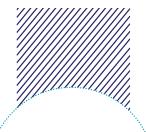
### HONORARY BOARD

Marion E. Coleman Debra Danburg Sue Lovell Annise Parker



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Revenue

Government Contracts	\$ 6,944,114
Donations	\$ 1,062,445
Client/Participant Fees	\$ 565,143
United Way of Greater Houston	\$ 537,947
Special Events (Net)	\$ 403,147
Foundation Grants	\$ 317,293
Other Income (Inc. Rental)	\$ 133,540

TOTAL REVENUE

\$ 9,963,639



### **Expenses**

Personnel	\$ 4,727,203
Direct Client Assistance	\$ 2,288,095
Occupancy	\$ 567,048
Professional & Contract	\$ 460,623
Fringe Benefits	\$ 392,888
Payroll Taxes	\$ 355,283
Donated Goods & Services	\$ 207,033
Special Events	\$ 143,452
Supplies	\$ 68,762
Local Travel	\$ 49,737
Telecommunication	\$ 38,713
Licenses & Permits	\$ 31,240
Depreciation	\$ 26,082
Bad Debt Expense	\$ 23,051
Bank Transaction Fees	\$ 22,791
Printing	\$ 11,503
Equipment Lease	\$ \$11,147
Professional Development	\$ 7,849
Postage	\$ 3,951
Other	\$ 120,478
	\$ 0 556 030

### TOTAL EXPENSES

\$ 9,556,930



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www.montrosecenter.org 401 Branard St., Houston, TX 77006