

# New Groups Forming for LGBT Persons Age 60+



The Montrose Center's SPRY program is developing new support groups surrounding the following topics:

**Support for Caregivers**  
**Coping with Grief & Loss**  
**Depression/Mental Health Issues**  
**General Health Issues**

If you are age 60 or older, identify as lesbian, gay, bisexual or transgender, and are interested in attending one or more of these groups, please let us know by calling

**713-529-0037 x306**

New groups will begin in late January/early February 2015  
based upon level of interest.